



# First Seizure Description Sheet

## Directions

Before your appointment, describe the different types of seizure-like events your child has. If you were not the witness, talk with the person who saw the events first-hand to fill out the details below. Use whatever language your family uses to describe them, such as “the checking out type” or “the shaking all over type.” If you are not sure, complete it as best as you can.

We will review this information with you at your child’s appointment. If possible, send it in before your appointment and take videos of the events.

**Child’s Name:** \_\_\_\_\_

**Date of birth:** \_\_\_\_\_

**Date of my child’s very first seizure-like event:** \_\_\_\_\_

**Event type 1:** \_\_\_\_\_ (description)

## Triggers

Check all that apply:

- |   |                                       |
|---|---------------------------------------|
| <input type="checkbox"/> Lights                         | <input type="checkbox"/> Medicine     |
| <input type="checkbox"/> Over-tired (sleep deprivation) | <input type="checkbox"/> Head injury  |
| <input type="checkbox"/> Fever                          | <input type="checkbox"/> Other: _____ |

## Characteristics during the event

Check all that apply:

- |   |   |
|---|---|
| <input type="checkbox"/> Eye fluttering                         | <input type="checkbox"/> Fall or drop attack                      |
| <input type="checkbox"/> Drooling                               | <input type="checkbox"/> Stops activity                           |
| <input type="checkbox"/> Twitching or jerking                   | <input type="checkbox"/> Repeated head, arm or leg spasm          |
| <input type="checkbox"/> Lip smacking or chewing                | <input type="checkbox"/> Spells suppressible                      |
| <input type="checkbox"/> Tongue biting                          | <input type="checkbox"/> Staring or other change in consciousness |
| <input type="checkbox"/> Peeing or soiling pants (incontinence) | <input type="checkbox"/> Other: _____                             |

## Symptoms after the event

Check all that apply:

- |                                       |  |
|---------------------------------------|--|
| <input type="checkbox"/> Headache     | <input type="checkbox"/> Limb weakness               |
| <input type="checkbox"/> Fatigue      | <input type="checkbox"/> Difficulty with speech      |
| <input type="checkbox"/> Very sleepy  | <input type="checkbox"/> No symptoms after the event |
| <input type="checkbox"/> Other: _____ |  |

### To Learn More

- Neurology  
(07) 3163-3636
- Ask your child's  
healthcare provider
- [www.brisbanechildneurology.com.au](http://www.brisbanechildneurology.com.au)

### Frequency of the events

Check all that apply:

- |  |  |
|--|--|
| <input type="checkbox"/> Daily           | <input type="checkbox"/> Happen during the day                 |
| <input type="checkbox"/> Weekly          | <input type="checkbox"/> Last for seconds (less than 1 minute) |
| <input type="checkbox"/> Monthly         | <input type="checkbox"/> Last for minutes (less than 1 hour)   |
| <input type="checkbox"/> Happen at night | <input type="checkbox"/> Last for hours                        |

**Event type 2:** \_\_\_\_\_ (description)

### Triggers

Check all that apply:

- |   |                                       |
|---|---------------------------------------|
| <input type="checkbox"/> Lights                         | <input type="checkbox"/> Medicine     |
| <input type="checkbox"/> Over-tired (sleep deprivation) | <input type="checkbox"/> Head injury  |
| <input type="checkbox"/> Fever                          | <input type="checkbox"/> Other: _____ |

### Characteristics during the event

Check all that apply:

- |  |   |
|--|---|
| <input type="checkbox"/> Eye fluttering                            | <input type="checkbox"/> Fall or drop attack                      |
| <input type="checkbox"/> Drooling                                  | <input type="checkbox"/> Stops activity                           |
| <input type="checkbox"/> Twitching or jerking                      | <input type="checkbox"/> Repeated head, arm or leg spasm          |
| <input type="checkbox"/> Lip smacking or chewing                   | <input type="checkbox"/> Spells suppressible                      |
| <input type="checkbox"/> Tongue biting                             | <input type="checkbox"/> Staring or other change in consciousness |
| <input type="checkbox"/> Peeing or soiling pants<br>(incontinence) | <input type="checkbox"/> Other: _____                             |

### Symptoms after the event

Check all that apply:

- |                                       |  |
|---------------------------------------|--|
| <input type="checkbox"/> Headache     | <input type="checkbox"/> Limb weakness               |
| <input type="checkbox"/> Fatigue      | <input type="checkbox"/> Difficulty with speech      |
| <input type="checkbox"/> Very sleepy  | <input type="checkbox"/> No symptoms after the event |
| <input type="checkbox"/> Other: _____ |  |

### Frequency of the events

Check all that apply:

- |  |  |
|--|--|
| <input type="checkbox"/> Daily           | <input type="checkbox"/> Happen during the day                 |
| <input type="checkbox"/> Weekly          | <input type="checkbox"/> Last for seconds (less than 1 minute) |
| <input type="checkbox"/> Monthly         | <input type="checkbox"/> Last for minutes (less than 1 hour)   |
| <input type="checkbox"/> Happen at night | <input type="checkbox"/> Last for hours                        |

**Event type 3:** \_\_\_\_\_ (description)

### Triggers

Check all that apply:

- |   |                                       |
|---|---------------------------------------|
| <input type="checkbox"/> Lights                         | <input type="checkbox"/> Medicine     |
| <input type="checkbox"/> Over-tired (sleep deprivation) | <input type="checkbox"/> Head injury  |
| <input type="checkbox"/> Fever                          | <input type="checkbox"/> Other: _____ |

### Characteristics during the event

Check all that apply:

- |   |   |
|---|---|
| <input type="checkbox"/> Eye fluttering                         | <input type="checkbox"/> Fall or drop attack                      |
| <input type="checkbox"/> Drooling                               | <input type="checkbox"/> Stops activity                           |
| <input type="checkbox"/> Twitching or jerking                   | <input type="checkbox"/> Repeated head, arm or leg spasm          |
| <input type="checkbox"/> Lip smacking or chewing                | <input type="checkbox"/> Spells suppressible                      |
| <input type="checkbox"/> Tongue biting                          | <input type="checkbox"/> Staring or other change in consciousness |
| <input type="checkbox"/> Peeing or soiling pants (incontinence) | <input type="checkbox"/> Other: _____                             |

### Symptoms after the event

Check all that apply:

- |                                       |  |
|---------------------------------------|--|
| <input type="checkbox"/> Headache     | <input type="checkbox"/> Limb weakness               |
| <input type="checkbox"/> Fatigue      | <input type="checkbox"/> Difficulty with speech      |
| <input type="checkbox"/> Very sleepy  | <input type="checkbox"/> No symptoms after the event |
| <input type="checkbox"/> Other: _____ |  |

### Frequency of the events

Check all that apply:

- |  |  |
|--|--|
| <input type="checkbox"/> Daily           | <input type="checkbox"/> Happen during the day                 |
| <input type="checkbox"/> Weekly          | <input type="checkbox"/> Last for seconds (less than 1 minute) |
| <input type="checkbox"/> Monthly         | <input type="checkbox"/> Last for minutes (less than 1 hour)   |
| <input type="checkbox"/> Happen at night | <input type="checkbox"/> Last for hours                        |

### Please send this completed form to:

**Mail:** Brisbane Child Neurology  
Suite 1  
Level 3, Salmon Building  
Raymond Terrace  
South Brisbane, QLD 4101  
**Tel:** (07) 3163-3636 **Fax:** (07) 3163-3637  
**Email:** info@brisbanechildneurology.com.au